

Candy Canes

Designed by [Brenda Myers](#), 12/06



SKILL LEVEL: Easy

SIZE: One size, 2½ inches high

MATERIALS

- Small 4 or 5 peg spooler
- Small amounts of white and red worsted weight yarn
- Large eye darning needle
- Fabric Stiffener (I used Api's Crafter's Pick, which looks and smells like Elmer's glue)

NOTES

- Instructions are for one strand of yarn wrapped on pegs and worked from left to right in the rounds on the 5-peg end of the Knifty Knitter spool loom.
- Stitches used: E-wrap, flat knit stitch
- Number the spooler pegs in order to determine the beginning and end of each round.
- Techniques used: alternating rows with different colors of yarn

ABBREVIATIONS:

A = main color	EK = e-wrapped knit stitch (also called twisted knit stitch)
B = contrasting color	FK = flat knit stitch
CO = cast on	CC = change yarn colors
BO = bind off	
st = stitch	

INSTRUCTIONS

1. Holding one strand of white (A) and one strand of red (B) yarn together, anchor the yarn by making a slip knot and threading it through the middle of the 5-peg KK spool loom until the loop appears on the other end. Attach the loop to one of the pegs on the 6-peg end. This will anchor the yarn for the first couple of rounds and create a way to adjust the tension of the strands of yarn.
2. Separate the two strands of WY and CO using EW then wrap & FK to complete the first round.

Important Note: Be sure to tighten the WY and the anchor yarn tail after completing each round. It is extremely important to keep the tension tight as possible for best results.

3. Continue to FK with A for another round, being careful to keep B in the middle of the spool loom and avoid tangling it with A. After completing two rounds, remove the anchor yarn from the peg on the other end so you can use it to tighten the tension after each round.
4. Round 3: drop A, pick up B and FK pegs 1-5 to complete one round. Tighten yarn.
5. Round 4-5: drop B, pick up A and FK pegs 1-5 to complete two rounds. Tighten yarn after each round.
6. Repeat Rounds 3-5, ending with A until the I-cord is the desired length. For the 2 ½ inch candy cane pictured, you need to knit approximately 4 inches of I-cord in order to form the crook at the top.
7. Do a gathered BO by cutting both strands of WY, leaving a 10 inch tail, and threading the strands onto a large eye darning needle. Working counterclockwise, insert the needle through the top of the pegs, lifting the loops from each peg and then tying off after all loops have been removed.
8. Weave loose ends on both ends of the candy cane.

Finishing

Saturate the knit candy cane with fabric stiffener, shape and place on wax paper to set. You may need to place heavier objects around it to hold the shape until it sets.

Note on pipe cleaners for shaping: I used pipe cleaners on a couple of the candy canes I made, but I didn't like working with them. They are very difficult to get completely inside the small candy cane without coming out the sides. I also tried inserting the pipe cleaner through the middle while I was knitting and didn't like that any better. This is just my preference; however, you might find they work well for you.



Here are some candy cane canes using alternating single rows of red & white, along with the little one using the double white rows. The one on the left is made with single strands and the one on the right with double strands. Both the larger ones have pipe cleaners in them. The little one in the middle was shaped with fabric stiffener.